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SPORT EMPLOYMENT AUSTRALIA PTY. LTD.



2005 ClubsACT Sportstar of the Year Awards 2005

See the ACT's elite sportspeople as they vie to be recognised as the best of the best at **The 2005 ClubsACT Sportstar of the Year Awards**.

You are not too late to purchase your tickets for the highlight of the ACT Sporting Calendar. The evening kicks off at 6.30 pm Friday December 9 at the Royal Theatre, National Convention Centre. Local sports legend Phil Lynch will host the evening, with entertainment by comedian Paul Martell. The awards ceremony will include a 3 course meal, drinks, and entertainment. Dress is black tie.

Tickets are \$88 each and are available from **ACTSPORT**. Please call Hannah on 6247 0260 for further information or ticketing enquiries.

Get behind local sport... at The **ClubsACT Sportstar of the Year Awards**.

2005 Samsung Women's Hockey Champions Trophy

The 2005 Samsung Women's Champions Trophy is currently underway at the National Hockey Centre at Lyneham. This event sees the world's six best women's hockey nations descend on the capital for the 2005 Champions Trophy. Olympic champions Germany, reigning Champions Trophy gold medalists the Netherlands and World champions Argentina will head the stellar field to compete against home town favourites the Hockeyroos and also China and Korea. The Hockeyroos won the gold medal at the 2003 Champions Trophy in front of a home crowd in Sydney, and are hoping to do the same in Canberra.

Games continue this weekend, December 3 and 4. General Admission tickets are still available, and purchases can now be made through Hockey ACT. Corporate Box deals are still available for Saturday 3 December, but availability is limited. Situated in the recently redeveloped grand stand at the National Hockey Centre, the Champions Super Box Packages offer a premium viewing on the wing of the Carter Field. Entertain clients or join good friends to see International Women's Hockey at its best.

To see all the action, get down to the National Hockey Centre at Lyneham. For those of you unable to make it, the event is broadcast nationally on ABC TV. All games featuring Australia will also be broadcast on ABC Radio.

For further information please contact Hockey ACT on 62572374 or visit www.hockey.org.au/championstrophy

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Exercise, Recreation and Sport Survey

More Australians are participating in sport more frequently, according to new national statistics released recently. More than 70 percent of the Australian population aged 15 years and over took part in exercise, recreational physical activity and organised sport at least once a week on average in 2004. Taking into account an increase in population, this represents a 14 per cent increase from this same survey in 2001. Importantly, the number of Australians taking part in these activities at least three times a week increased by 1.8 million from 2001 to 2004, a jump of 27 per cent.

In 2004, golf, tennis, netball, soccer (outdoor football) and swimming continued to be the most popular organised sports. Meanwhile, walking, aerobics/fitness activities, cycling, running and bush walking were the most popular physical recreational activities. Both men and women were equally likely to participate in sport and physical recreation, but not surprisingly the choices varied

These results are from the latest [2004 annual Exercise, Recreation and Sport Survey](#) (ERASS) of the Australian population aged 15 years and over, which has just been released by the Australian Sports Commission, in partnership with the Departments of Sport and Recreation in the States and Territories.

ClubsACT Sportstar of the Year Nominations for November

We are now taking nominations for the November Sportstar Awards. Nominations for this month will close on Monday December 5. Please make sure you get your nominations in as early as possible. You can nominate by visiting our website www.actsport.com.au or emailing sportstar@actsport.com.au

Creating and Maintaining a Risk Management Plan

Don't miss another chance to take part in the ACT Department of Treasury free training course on creating and maintaining a risk management plan. The course is to be held on Thursday 8th December from 8.30am – 4.00pm at the Southern Cross Club, Tuggeranong. The course venue will be fully serviced and refreshments will be provided.

At the conclusion of the course you should:

- * Have the beginnings of your risk management plan, including;
- * A risk register,
- * Risk action plans,
- * Be able to identify major risks,
- * Have a treatment plan for major risks,
- * Know the importance of risk management for your organisation.

For enquiries, please ring Kevin Wenman, ACT Department of Treasury, on (02) 620 70318.



International Day of People with a Disability

Saturday 3rd
December

This Saturday the 3rd of December is International Day of People with a Disability. The day focuses on the abilities and achievements of people who live with a disability. It is a day of celebration and awareness, and all are encouraged to join in the day's celebrations. The Disability Sport Program at ACTSPORT will be celebrating this day by attending an awareness day held by Melrose Primary School. For further information or to see what events are being held in the ACT, please see the NICAN website :

http://www.nican.com.au/search/results_events.asp?natstate=ACT

Be The Best You Can Be – Athletics Carnival

On the 11th of November, over 300 ACT school students with a disability participated in the annual 'Be The Best You Can Be' Athletics Carnival run by ACTSPORT and Snedden, Hall & Gallop. The students participated in 4 modified events at the AIS Athletics Track, with a number of high profile athletes with a disability and able-bodied athletes helping make the day a huge success.



1-year-old celebrations for the Kids At Play Program

The Kids at Play Program is 1-year-old, and things are looking good for the Program. Coinciding with the birthday was the expansion of the program, with two more vans and a service for early childhood being added to the program.

The program has been hugely successful with over 17,000 children from 5-12 years participating. The program has been used all year round. The program has previously focused on after school play to establish physical activity as a part of after school fun. It also encourages family to play active sport together. The program works with other organisations like the YMCA, YWCA, Marymead and the Heart Foundation.

For more information see: <http://www.sport.act.gov.au/kidsatplay.html>

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